

10	49: I ask myself questions about how well I am learning while I am learning something new	.55	Regulation of cognition (R) Monitoring
11	30: I focus on the meaning and significance of new information	.59	Regulation of cognition (R) Information management skill
12	46: I learn more when I am interested in the topic	.57	Knowledge of cognition (K) Declarative knowledge
13	29: I use my intellectual strengths to compensate for my weaknesses	.54	Knowledge of cognition (K) Conditional knowledge
14	18: I use different learning strategies depending on the situation	.43	Knowledge of cognition (K) Conditional knowledge
15	1: I ask myself periodically if I am meeting my goals	.62	Regulation of cognition (R) Monitoring
16	33: I find myself using helpful learning strategies automatically	.48	Knowledge of cognition (K) Procedural knowledge
17	19: I ask myself if there was an easier way to do things after I finish a task	.44	Regulation of cognition (R) Evaluation
18	8: I set specific goals before I begin a task	.68	Regulation of cognition (R) Planning